

Klub Aikido

合氣道

Reishu

INVITE YOU TO AIKIDO SEMINAR

Stéphane Benedetti

Shihan 7 dan Aikido

5-6 JANUARY '2019

**SPORTS HALL MOSIR, UL. NIEPODLEGŁOŚCI 11
66-470 KOSTRZYN NAD ODRĄ, POLAND**

PLAN OF SEMINAR:

SATURDAY

11.00-13.00 - Aikido

16.00-18.00 - Aikido

20.00 - dinner

SUNDAY

9.00-11.00 - Aikido

COSTS:

All seminar - € 30 or 130 PLN

1 training - € 15 or 60 PLN

More informations:

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Lena +48 501 33 52 53 (she speaks English)

